

Adopt a Nursing Home Patient Program

A community based program dedicated to improving the lives of the elderly by offering alternatives that embrace the body, mind, heart and spirit.

The program, made up of volunteers and welcoming facilities, offers:

Companionship – A visit by a real person who is interested in the patient's feelings, needs, problems and hopes will create healing that is not medicinal.

Emotional support – Writing a letter to a patient who does not receive mail revitalizes the humanity of knowing someone cares.

Socialization – Currently, patients are grouped around TV's in wheelchairs with no social stimulation. Why not take a patient to a movie outside the facility, go out to eat, or go to the ballgame?

Spiritual services – Church can be brought to the patient or the patient can be taken to church. It takes someone doing it.

Become a Community Volunteer

We will help locate a facility in your area and enable you to become a community volunteer. To learn more about how local volunteers can get involved to help those in need, please contact Shari Rhoads, President and co-founder, Dorotha C. White Foundation at **800-789-4836** or srhoads@dcwhitefoundation.org



Making Your Voice Heard

Here's what you can do to help:

- Learn more about Medicare rights for our elder citizens, including denial of Medicare entitlements in skilled nursing facilities by intermediaries.
- Support the full use of the 100 day Medicare benefit, upheld in 1986 in the landmark federal case of Fox v. Bowen and Transmittal 262.
- Contact your legislators to advocate for nursing home reform.
- Join the Foundation. Your annual membership dues will help the Foundation in taking a stand in Washington, D.C.

Promoting Productive Lives in Nursing Homes

- Visit us on the Web at: www.dcwhitefoundation.org
- Learn more about tools, programs and resources to help you with your elderly loved ones' needs
- Advocate for changes in legislation that will help ensure productive lives in nursing homes
- Stay involved with the progress we're making with our legislative leaders

For more information, call us at: **1-800-789-4836** and ask for a Dorotha C. White Foundation Representative or email us at:

info@dcwhitefoundation.org

Join With Us – Together We Can Make a Difference



Restoring Elderpride



Dorotha's Story



The story begins in 2004, when Dorotha C. White was abused and neglected in an Illinois nursing home. The Dorotha C. White Foundation was formed in her honor in 2006, by Jerry and Sharon Rhoads, for the betterment of the care of the elderly

and the improvement of care in nursing homes. Sharon Rhoads is President and co-founder of the Foundation and daughter of Dorotha C. White and Jerry L. Rhoads is Chairman and co-founder of the Foundation and son-in-law of Dorotha C. White.

Six Stars of Quality



The DCW Foundation endorses better performing nursing homes by a six star criteria. Each star represents a component of quality that is annually graded by the Foundation. The Foundation rating consists of the following criteria:

- **First Star of Quality**
Infection free environment
- **Second Star of Quality**
Use of models of care for clinical practice
- **Third Star of Quality**
Staff morale building and community involvement
- **Fourth Star of Quality**
Use of health preservation programs
- **Fifth Star of Quality**
Use of disease prevention programs
- **Sixth Star of Quality**
Use of care and discharge planning to pursue outcomes

Restorative Care Program

What is Restorative Care?

The Foundation's goal is to **help improve the patient's quality of life** by restoring patients to their highest level of functioning and by increasing the number of patients returning home.

Restorative Care Model provides:

- Programmatic approach for the patient's problems, resulting in **lower costs**
- Eliminates irrelevant medication, testing and treatment
- Provides discharge planning and active pursuit of higher levels of functioning, based on **rehabilitation and restorative nursing**
- Case management system organized by function around a **team concept**, instead of departments
- Focuses on **complete staff involvement**, resulting in a better work environment and increased productivity, morale and retention
- Eliminates wasted time, effort & resources, resulting in a more **patient-centered staffing model**
- **Deductive care** versus conventional inductive care
- **Prevents and manages cases for outcomes**, replacing the "rule out theory" and "head to toe" assessments
- Creates **customized treatment plans of care** for patients based on their problems and needs
- Entitlements to Medicare coverage
- Uses the **Medicare laws** as originally intended and improving conditions for both staff & patients

Restorative Programming for the Elderly:

We work with the **Nautilus/Bowflex** organization to purchase restorative equipment for the elderly in nursing homes. The equipment is donated to selected U.S. nursing homes that are dedicated to ensuring that patients receive their entitled Medicare benefits.

Our Mission

The mission of the Dorotha C. White (DCW) Foundation is to improve the quality of life in nursing homes by **restoring Elderpride**. The Foundation will take a leadership role to affect sweeping change by working with legislative leaders, promoting the cause to the media, and organizing a grassroots social and political **movement for change**. Nursing homes are presently being paid to house the elderly — we propose that nursing homes be paid for **results and restorative care**. By converting warehouses into carehouses and pursuing health preservation and wellness, **we can solve this escalating crisis** and ensure a positive future for senior citizens, especially our frail elderly, by bringing a message of **hope and empowerment**.

